

COMPANY PROFILE



STRONGERGEN

GYM EQUIPMENTS

DESIGNED IN QATAR, FOR QATAR

WHO ARE WE?



Introducing STRONGERGEN: Empowering Qatar's Healthier Tomorrow

At STRONGERGEN SPORTS & FITNESS, we are more than just a gym equipment supplier—we are a movement dedicated to fostering a healthier, stronger Qatar. Founded by a Qatari entrepreneur, our mission is to provide high-quality fitness solutions tailored to the needs of our community, ensuring that every Qatari has access to the tools necessary for a vibrant and active lifestyle.

OUR VISION:

To be Qatar's leading provider of innovative and reliable fitness equipment, inspiring individuals and communities to embrace a culture of health and wellness.

Our Mission

To deliver top-notch gym equipment and personalized fitness solutions that empower our customers to achieve their health goals, while contributing to the nation's vision of a healthier future.



WHAT WE OFFER?

Wide Range of Equipment: From cardio machines to strength training gear, we offer a comprehensive selection of gym equipment suitable for both home and commercial use.

CUSTOM SOLUTION: Understanding the unique needs of our clients, we provide tailored fitness solutions that align with individual and organizational goals.

EXPERT GUIDANCE: Our team of fitness professionals offers consultation and support to help you choose the right equipment and create effective workout plans.

QUALITY ASSURANCE: We partner with reputable manufacturers to ensure that our products meet the highest standards of durability and performance.



OUR COMPREHENSIVE SOLUTION:

1- Project Planning and Execution:

Thorough assessment and planning for seamless project execution.

2- Construction and Interior Design:

Transforming spaces into vibrant, functional fitness environments.

3- Equipment Installation:

- Integration of state-of-the-art fitness equipment for optimal performance.

4- Membership Management Systems:

Implementing efficient systems for streamlined club operations.

5-Recruitment:

Comprehensive recruitment solution.



WHY CHOOSE US?

Locally Owned and Operated: As a Qatari-owned business, we are deeply committed to the well-being of our community and the development of the nation's fitness culture.

Customer-Centric Approach: We prioritize our customers' needs, offering personalized services and support to ensure satisfaction.

Community Engagement: We actively participate in local health initiatives and events, promoting fitness and wellness across Qatar.

Join Us in Building a Healthier Qatar

At STRONGERGEN, we believe that a strong nation begins with strong individuals. By providing the tools and support needed to lead active lives, we aim to contribute to a healthier, more vibrant future for all Qataris.

TOGETHER, LET'S BUILD A STRONGER TOMORROW—TODAY.



CARDIOVASCULAR



TREADMILL- SG T

Screen size: 22Inch

Running area: 1550mm*560mm

Running belt thickness:3mm

thickness Free-Maintenance

Machine size: 1800mm*930mm*1535mm

Treadmill Platform Width: 860mm

N.W.: 133kg

G.W.: 166kg

Loading Qty(20GP/40HQ): 24pcs/60pcs

Preset programs: P1-P8, Time, Heart Rate, Calorie, Countdown and Heart rate control mode

Ambient light: Blue ambient light on both sides of the treadmill, not on standby, blue light on running to connect to the screen projection

Running board: High-strength 25T running board, maximum static load 600kg



ELLIPTICAL- SG E

(Power:50w

Power supply: plug-in type

Running board: 20 files

Heart rate system: holding heart rate (wireless heart rate can be increased at any time, leaving spare Interface)

electronic display, Android electronic display shows value,time, distance, Calories, speed, resistance, heart rate.

Training program: 11 preset programs

Step size:510mm

Pedal spacing:75mm

Product Size (L*W*H):1990*680*1680mm

Net weight:125kg



RECUMBENT BIKE- SG RB

Machine Weight):75kg

(Machine Size):1370*740*1175mm



STAIR MASTER- SG SC

(Machine Weight):160kg

(L*W*H):1430*815*1985mm



UPRIGHT BIKE- SG UB

(Machine Weight):65kg

(Machine Size):1212*1493*592mm





AIR RUNNER-SG AR

(L*W*H) : 1975*855*1510mm

(Running Belt Size) : 1700*440mm

(Machine Weight) : 154kg

(Machine load) : 150kg

(Max Speed) : (Unlimited)



AIR BIKE- SG AB

Machine Weight:49kg

Machine Size (L*W*H):1260*300*820mm



ROWER- SG R

Product size(length, width and height): 2350*630*360mm

Net weight:38 kg

Gross weight: 42 kg

Maximum weight bearing:150kg

Volume: 0.33 square

Display: Time, speed, calories, mileage,Resistance: 10 levels of resistance adjustable

Exercise areas: lower body muscles, core muscles, upper limb muscle groups



SKIERG- SG SK

(Machine Weight):48kg

(Machine Size):1300*600*2140mm



AB CAOSTER- SG AC

Machine Weight):67kg

(Machine Size):1851*720*1500mm





STRENGTH SELECTORIZED

STRONGERGEN: SELECTORIZED SERIES

SG-S1



SG-S2



SG-S3



SG-S4



SEATED CHEST PRESS INCLINE CHEST PRESS ADJUSTABLE CHEST PRESS PEC FLY/ REAR DELT

SG-S5



SG-S6



SG-S7



SG-S8



LAT PULL DOWN

SEATED ROW

LAT PULL DOWN

SEATED HIGH ROW

SG-S9



SG-S10



SG-S11



SG-S12



SHOULDER PRESS

LATERAL RAISE

VERTICAL TRACTION

SEATED CALF

SG-S13



SG-S14



SG-S15



SG-S16



SEATED LEG PRESS

LEG EXTENSION

LEG EXTENSION/ LEG CURL

PRONE LEG CURL



SG-S17



SG-S18



SG-S19



SG-S20

ADDUCTOR/ ABDUCTOR

CALF RAISE

TORSO ROTATION

BACK EXT/ AB CRUNCH



SG-S21



SG-S22



SG-S23



SG-S24

BICEP CURL

BICEP PREACHER

TRICEP EXTENSION

TRICEP DIPS



BOOTY BUILDER

SG-BB1



SG-BB2



SG-BB3



SG-BB4



STANDING ABDUCTOR

STANDING ADDUCTOR

ST. HIP THRUST

BELT SQUAT

SG-BB5



SG-BB6



SG-BB7



SG-BB8



HACK SQUAT

HIP THRUST- PLATE LOADED

HIP THRUST- SELECTORIZE

KICK BACK



PLATE LOADED

STRONGERGEN: PLATE LOADED SERIES

SG-P1



POWER SQUAT

SG-P2



LEG PRESS

SG-P3



PENDULUM SQUAT

SG-P4



45 LEG PRESS

SG-P5



SQUAT LUNGE

SG-P6



POWER SQUAT

SG-P7



VERTICAL LEG PRESS

SG-P8



SEATED CALF

SG-P9



SG-P10



SG-P11



SG-P12



ISO SUPER INCLINED

ISO BENCH PRESS

LOWER WIDE CHEST

ISO INCLINE FLY

SG-P13



SG-P14



SG-P15



SG-P16



WIDE LAT PULL DOWN

REVERSE LAT PULL

ISO LATERAL ROW

ISO LATERAL D.Y ROW

SG-P17



SHOULDER PRESS

SG-P18



HORIZONTAL CH PRESS

SG-P19



LATERAL RAISE

SG-P20



FOREARM CURL

SG-P21



SEATED BICEP CURL

SG-P22



SEATED DIP

SG-P23



AB OBLIQUE CRUNCH

SG-P24



GHD



MULTI JUNGLE

STRONGERGEN: JUNGLE SERIES



SG-MJ8
8 MULTI-STATION



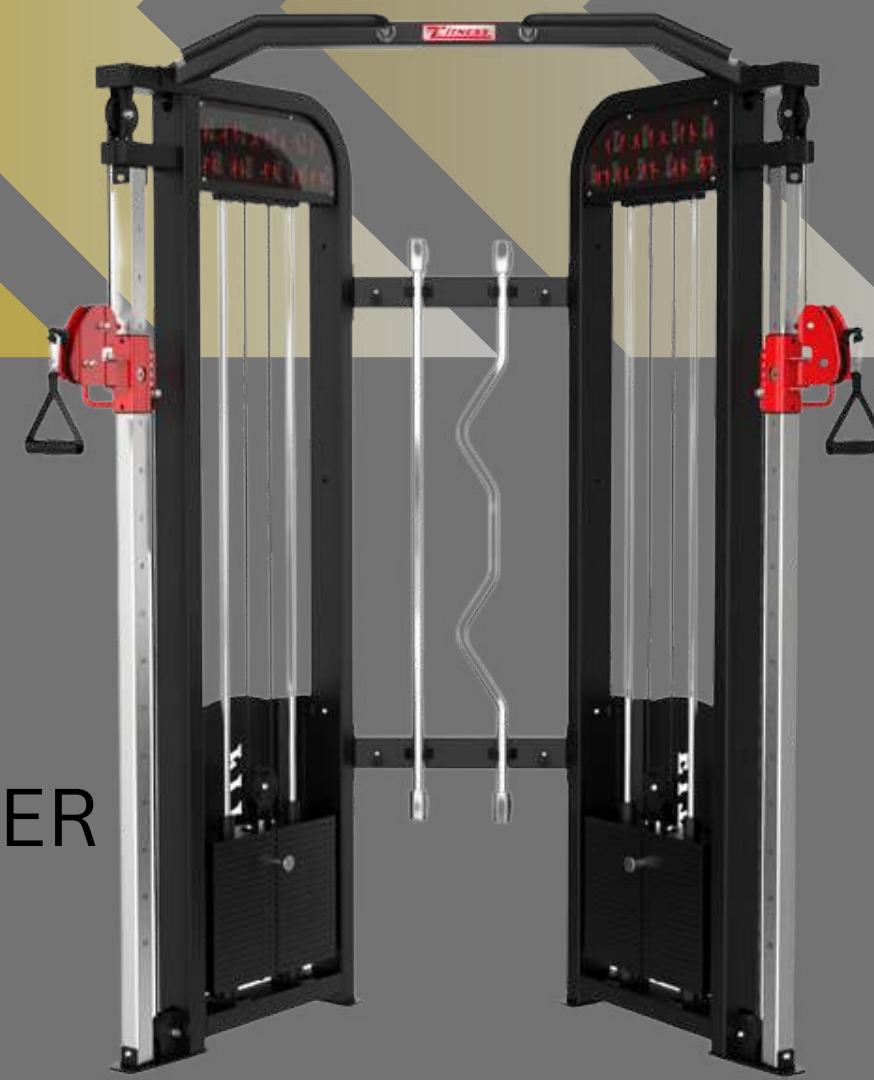
SG-MJ5
5 MULTI-STATION



SG-MJ4
4 MULTI-STATION



SG-CC
CABLE CROSS



SG-FT
FUNCTIONAL TRAINER



CROSS FIT

STRONGERGEN: CF SERIES



STRONGER XL



STRONGER L



SYNERGY M



SYNERGY S



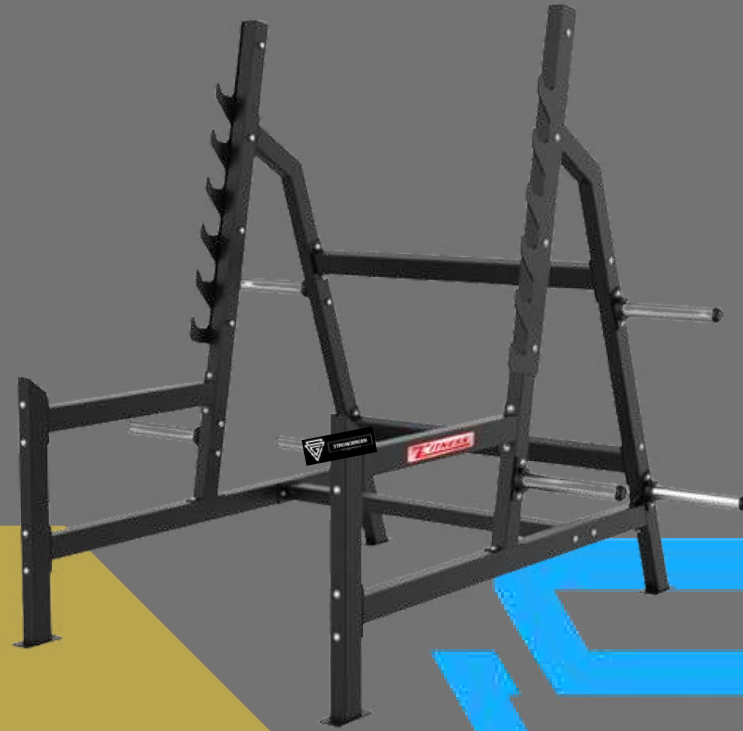
RACKS & BENCHES

STRONGERGEN: RACKS & BENCHES SERIES

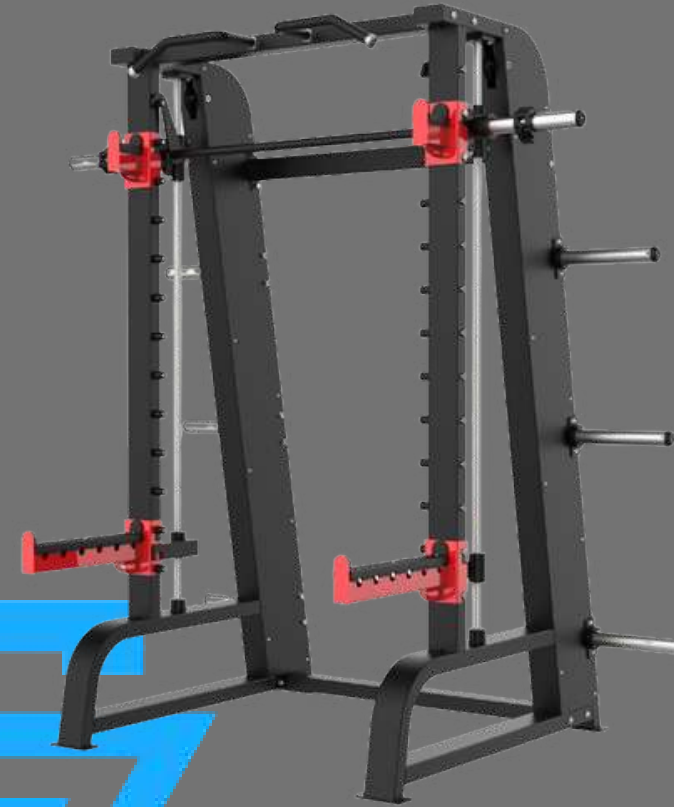
SG-R1



SG-R2



SG-R3



SG-R4



POWER RACK W DEADLIFT

SQUAT RACK

SMITH MACHINE

ASSISTED PULL/DIP

SG-B1



SG-B2



SG-B3



SG-B4



OLYMPIC FLAT BENCH

INCLINED BENCH

DECLINED BENCH

MILITARY BENCH

SG-B5



ADJUSTABLE BENCH

SG-B6



FLAT BENCH

SG-B7



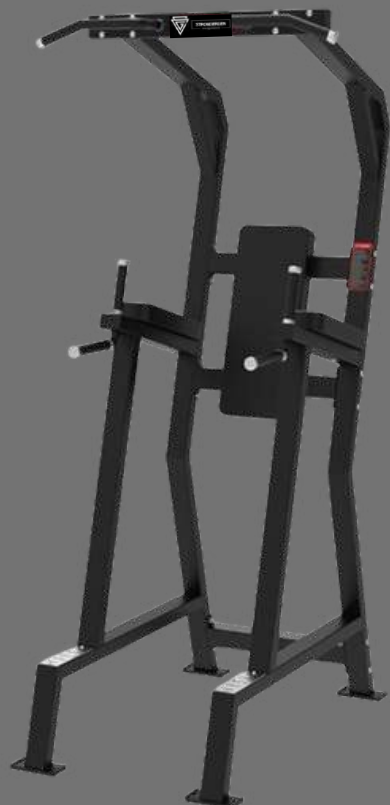
DECLINE BENCH

SG-B8



UTILITY BENCH

SG-B9



KNEE RAISE 1

SG-B10



KNEE RAISE 2

SG-B11



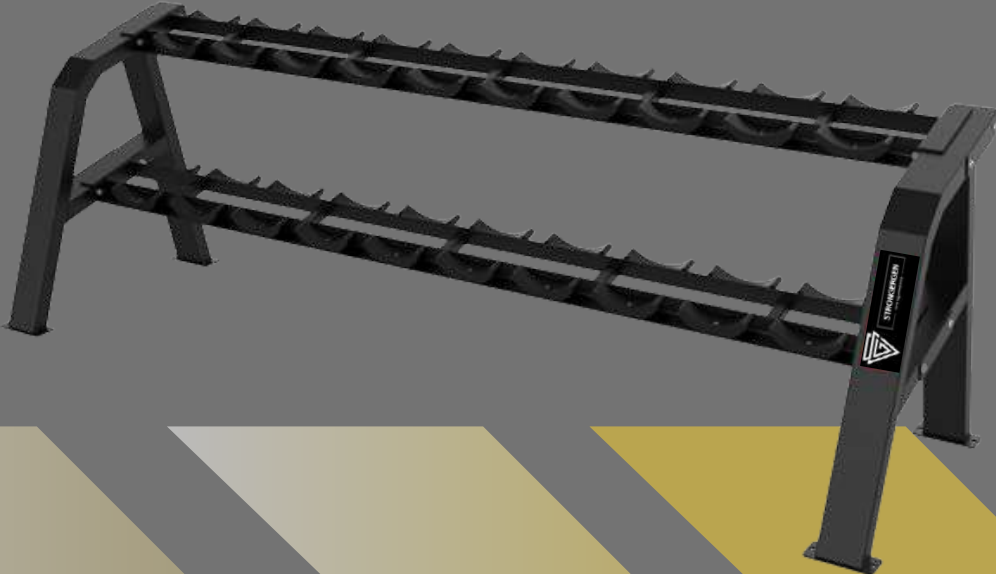
PREACHER CURL

SG-B12



ROMAN CHAIR

SG-R5



DUMBBELL RACK

SG-R6



HEX DUMBBELL RACK

SG-R7



BARBELL RACK

SG-R8



KETTLE BELL RACK

SG-R9



WEIGHT TREE



FREE WEIGHT





HEX DUMBBELL



ROUND DUMBBELL



VYNIL DUMBBELL



ADJUSTABLE DUMBBELL



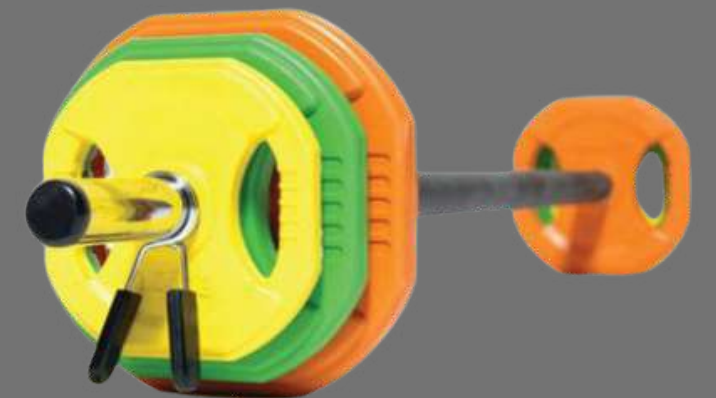
WEIGHT PLATES



COLORED PLATES



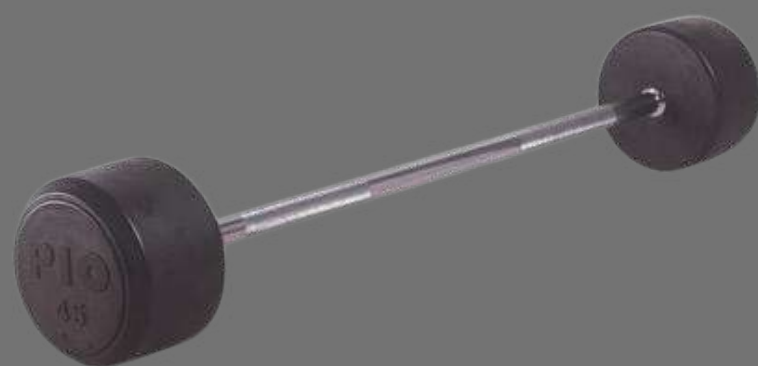
KETTLE BELL



PUMP SET



EZ CURL BAR



STRAIGHT BAR



BUMPER PLATE



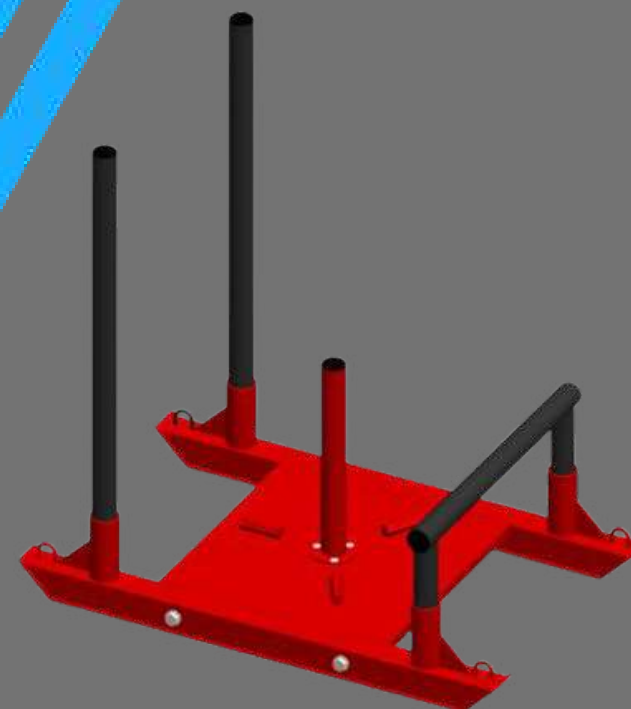
DEADLIFT AREA



BATTLE ROPE



TYRE FLIP



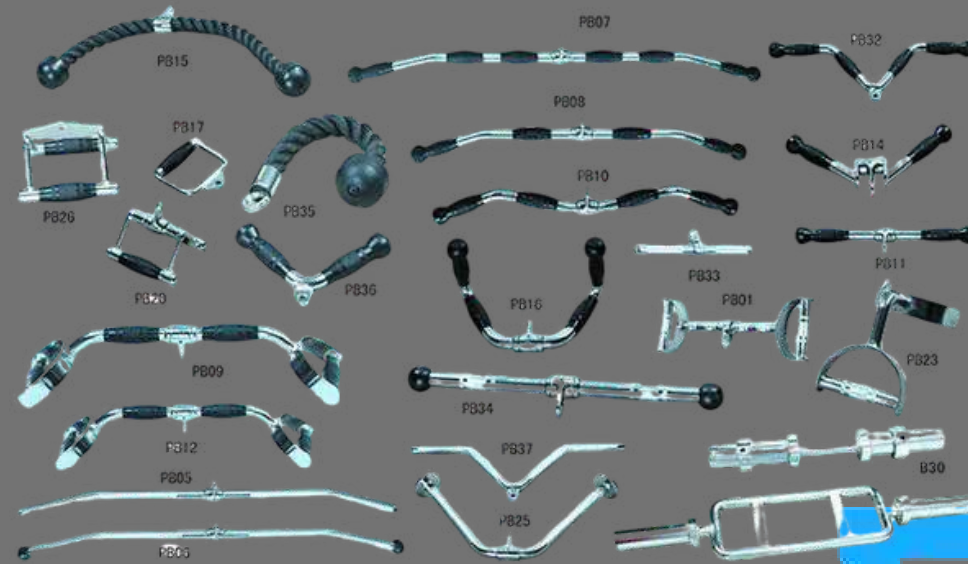
SLED



SLED MAT



OLYMPIC BAR



GRIPS/ HANDLES



PLYO BOX



GYM MAT



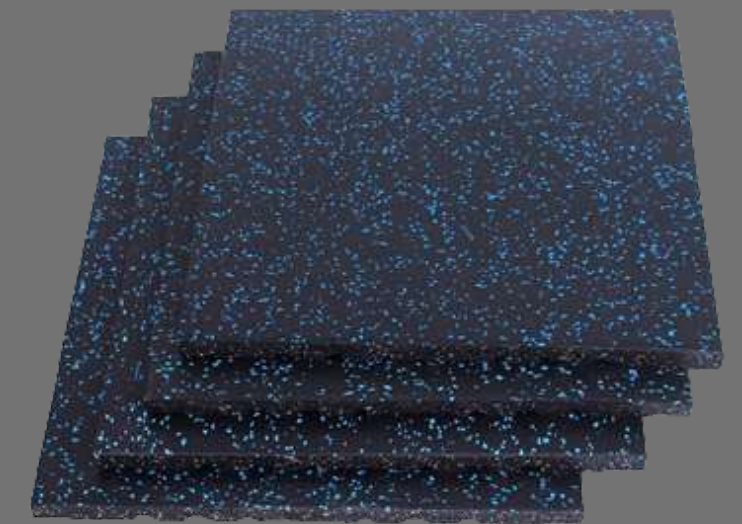
MEDICINE BALL



RACK



PUNCHING BAG



FLOOR MAT

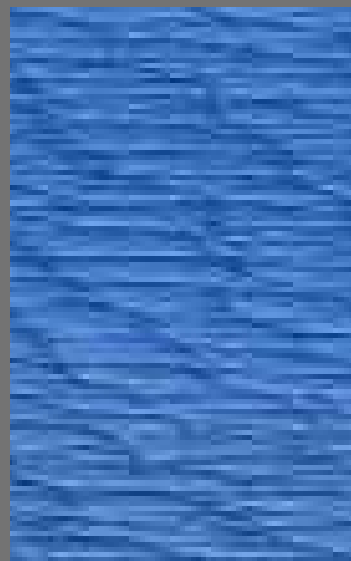
LEATHER OPTION



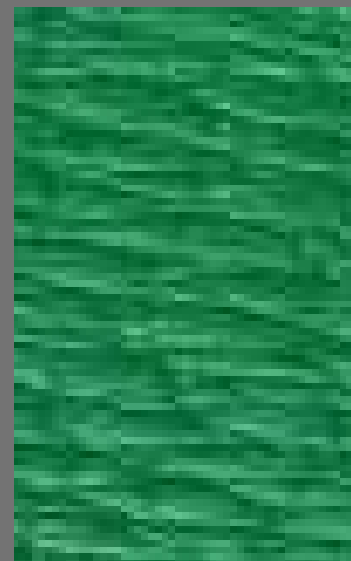
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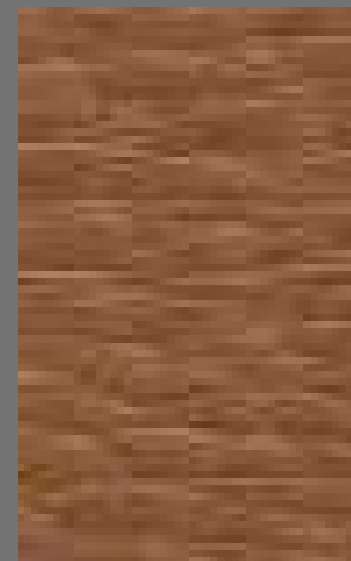
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2



4



5

PAINT OPTION



1



2



3



4



5



6



7

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STRONGERGEN

GYM EQUIPMENTS

Enquiry- info@strongergen.com